



NIGHTINGALE

CARE HOME

Care, comfort and community in Romford

A welcoming place to call home

This brochure introduces the care services available through Nightingale, the everyday activities that bring people together, and how to arrange a visit or speak with our team.

ARRANGE A VISIT OR REQUEST A CALLBACK

nightingalecarehome.co.uk | 01708 763 124

Care that responds to individual needs

Talk to our team about the right type of support for you or your loved one.

1

Residential Care

A supportive home environment with help available for day-to-day needs.

2

Dementia Care

Care and support shaped around the needs of people living with dementia.

3

Respite Home Care

Short-term support when families or regular carers need a planned break.

4

Home Care Services

Practical care and support for people who wish to remain in their own home.

5

Hospital to Home Care

Support during the transition home following a hospital stay.

6

End of Life Care

Compassionate support focused on comfort, dignity and individual wishes.

Need help deciding? Call 01708 763 124 or use the website callback form.

Life at Nightingale

Everyday life is about connection, comfort and meaningful moments.



Creative activities

Arts, crafts and themed sessions give residents opportunities to take part, make things and enjoy time together.



Gentle movement

Chair-based exercise and gentle movement sessions can support wellbeing while keeping activities accessible.



Pet therapy

Friendly visiting animals have brought calm companionship, conversation and happy memories to residents.



Events & outings

Seasonal celebrations, garden gatherings and trips such as seaside outings help keep life varied and social.

A home is more than care tasks.

We aim to create a warm day-to-day environment where residents can enjoy company, activities, celebrations and personal routines.

Come and talk to us

Arrange a visit, discuss care needs or request a callback.

Nightingale Care Home

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Visit our website

Scan the QR code to learn more about Nightingale Care Home, browse our latest news and activities, or use the website contact form.

nightingalecarehome.co.uk